

	 <b>ADS CENTER</b> Resource Center to Address Discrimination and Stigma BRIDGING THE GAP BETWEEN WHERE WE ARE AND WHERE WE NEED TO BE
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Substance Abuse and Mental Health Services Administration Center for Mental Health Services	<b>11420 Rockville Pike, Rockville, MD 20852</b> <b>1-800-540-0320</b> <a href="mailto:stopstigma@samhsa.hhs.gov">stopstigma@samhsa.hhs.gov</a>
<b>Upcoming Event</b>	<b>Registration Now Open for Training Teleconference: Art Works!</b>
<p>The SAMHSA Resource Center to Address Discrimination and Stigma Associated With Mental Illness invites you to participate in a free teleconference training titled, <b>"Art Works! Using the Arts to Counter Stigma and Discrimination."</b></p> <p style="text-align: center;">Date: Tuesday, November 14, 2006 Time: 12:00 PM – 1:30 PM (Eastern Time)</p> <p>To participate in this training teleconference, please complete the online registration form located at <a href="http://www.stopstigma.samhsa.gov/regpage.cfm">http://www.stopstigma.samhsa.gov/regpage.cfm</a>. For additional teleconference information, please refer to the <a href="#">Training</a> section of the SAMHSA ADS Center web site or contact a technical assistance representative by e-mail at <a href="mailto:stopstigma@samhsa.hhs.gov">stopstigma@samhsa.hhs.gov</a> or by telephone at 1-800-540-0320. Please pass this invitation along to interested friends and colleagues. <i>Please note: Registration for this teleconference will close at 5:00 p.m., Eastern Time, on Monday, November 13, 2006.</i></p> <p><b>Training Summary</b></p> <p>One of the causes of discrimination and stigma associated with mental illnesses is a misperception that people who have mental illnesses lack the same interests and abilities as everyone else. Art, including the visual and performing arts, can be a powerful force in correcting this misperception. Using music, dance, painting, sculpture, poetry, theater, and more, people with mental illnesses can demonstrate their creativity, insightfulness and intelligence. Through art, they send the message that "I work, live, and play, just like you," which can lead individuals to question and ultimately reject stigmatizing myths. Also, the confidence-building and peer support that can be found in arts programs can be powerful forces in recovery from mental illnesses.</p> <p>Please join us as we:</p> <ul style="list-style-type: none"> <li>• Present the research supporting the value and effectiveness of the arts in suppressing negative attitudes and representations of mental illness.</li> <li>• Describe specific arts programs and share their outcomes.</li> <li>• Identify general ideas for starting an arts initiative.</li> </ul>	

## Training Sponsor

This teleconference is sponsored by the SAMHSA Resource Center to Address Discrimination and Stigma (ADS Center), a project of the Center for Mental Health Services (CMHS) of the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services. The session is free to all participants.

The SAMHSA ADS Center is a program of the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services.

### About the SAMHSA ADS Center

SAMHSA's Resource Center to Address Discrimination and Stigma (ADS Center) helps people design, implement and operate programs that reduce discrimination and stigma associated with mental illnesses. With the most up-to-date research and information, the ADS Center helps individuals, organizations, and governments counter such discrimination and stigma in the community, in the workplace, and in the media.

Subscribe to receive this update by sending an e-mail to [stopstigma@samhsa.hhs.gov](mailto:stopstigma@samhsa.hhs.gov), or by calling an ADS Center representative at 800-540-0320. To comment on the materials included in this update, please send e-mail to [stopstigma@samhsa.hhs.gov](mailto:stopstigma@samhsa.hhs.gov), or write a letter to Resource Center to Address Discrimination and Stigma Associated with Mental Illness; Informational Updates; 11420 Rockville Pike; Rockville, MD 20852. To unsubscribe from this distribution list using the subscribed e-mail account, click [here](#). To unsubscribe your address from a different e-mail account, send a message to [Majordomo@listserve.shs.net](mailto:Majordomo@listserve.shs.net) with the following command in the message body: unsubscribe stopstigma [Your E-mail Address].

*SAMHSA Resource Center to Address Discrimination and Stigma*  
[www.stopstigma.samhsa.gov](http://www.stopstigma.samhsa.gov)